

# The Need for Effective Adjuvant Therapy in Uterine Leiomyosarcoma: A Single-centre Experience

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## ABSTRACT

**Objective:** To evaluate the efficacy of adjuvant chemotherapy (ACTx) in completely resected uterine leiomyosarcoma (ULMS) in terms of survival outcomes.

**Study Design:** Descriptive study.

**Place and Duration of Study:** Department of Medical Oncology, Dr. Abdurrahman Yurtaslan Ankara Oncology Training and Research Hospital, Ankara, Turkey from February 2009 to November 2019.

**Methodology:** Patients older than 18 years, who underwent complete surgical resection with a diagnosis of non-metastatic ULMS were evaluated retrospectively. The patients were divided into two groups: patients who received ACTx (group I) and patients who received only surgical treatment (group II). Both groups were compared in terms of main patient and tumour characteristics, relapse rates, relapse-free survival (RFS) and overall survival (OS).

**Results:** Forty-five patients with a median age of 52.1 years (IQR, 45.8-58.2) were included in the study. Group I consisted of 26 (57.8%) patients and group II consisted of 19 (42.2%) patients. Median RFS was 43.8 months (95% CI, 7.4-80.2) and the median OS was 81.3 months (95% CI, 39.4-123.1) for all patients (N = 45). Median RFS was 27.1 months (95% CI, 6.8-47.4) in group I (n = 26) and 43.8 months (95% CI, 11.8-75.8) in group II (n = 19) (p = 0.985). Median OS was 85.6 months (95% CI, 38.3-132.9) in group I (n = 26) and 81.2 months (95% CI, 62.1-100.4) in group II (n = 19) (p = 0.699).

**Conclusion:** There was no survival benefit of ACTx in completely resected ULMSs, in accordance with the literature data. There is a need for prospective randomised clinical trials evaluating the role of ACTx in ULMSs.

**Key Words:** Uterine leiomyosarcoma, Complete resection, Adjuvant chemotherapy, Relapse, RFS, OS.

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## INTRODUCTION

Uterine leiomyosarcoma (ULMS), a rare gynaecological malignancy, accounts for 1% of all uterine malignancies; whereas, 70% of all uterine sarcomas are ULMSs.<sup>1,2</sup> It is most common between the ages of 40-69 years, and the average age at diagnosis is 51 years.<sup>3,4</sup> The primary treatment modality for early-stage ULMSs is hysterectomy and complete surgical resection of the gross tumour.<sup>4</sup> The recurrence rate has been reported as 50-70%, even in those who had radical surgical treatment.<sup>5</sup> Uterine leiomyosarcoma has an aggressive clinical course with a 5-year progression-free survival (PFS) rate of 30% and 5-year overall survival (OS) rates as 76%, 60%, and 45% in stage I, II, III surgically resected ULMS, respectively.<sup>6,7</sup>

It has been reported that tumour stage, tumour size, mitotic count, and percentage of necrosis have prognostic significance in ULMS.<sup>4</sup> Though grade is a prognostic factor in many solid tumours, its prognostic significance has not been well established in ULMS.

The presence of a very aggressive clinical course despite surgical treatment, even in uterine confined disease, clearly indicates the need for adjuvant therapy. The use of adjuvant chemotherapy (ACTx) has increased in the treatment of ULMS in recent years.<sup>8</sup> However, it is controversial that ACTx reduces relapse or death rates.<sup>9</sup> Moreover, since it is a rare disease, it is difficult to conduct randomised prospective trials on the efficacy of ACTx in the treatment of ULMS, and the literature data is mostly based on retrospective studies or case series.<sup>9</sup>

The aim of this study was to evaluate the efficacy of ACTx in completely resected ULMS in terms of survival outcomes, and also to evaluate the prognostic significance of clinicopathological characteristics.

## METHODOLOGY

The patients followed up with a diagnosis of radically surgically resected non-metastatic ULMS between February 2009 and November 2019 at the Medical Oncology Clinic of Dr. Abdur-

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rahman Yurtaslan Ankara Oncology Training and Research Hospital, Ankara, Turkey, were included in this retrospective study. The patients with sufficient data in medical records were evaluated retrospectively after the Ethical Committee approval. The patients who had distant metastasis at diagnosis, severe comorbidities (such as uncontrolled cardiovascular diseases, uncontrolled cerebrovascular diseases, renal failure requiring dialysis), incomplete/suboptimal surgical resection and who could not have completed the planned ACTx, were excluded from the study. Adjuvant chemotherapy regimens were as gemcitabine/docetaxel regimen [gemcitabine (1 g/m<sup>2</sup> / day, d1 and d8, every 21 days) and docetaxel (75 mg/m<sup>2</sup>, d1, every 21 days) and IMA regimen [doxorubicin (60 mg/m<sup>2</sup>, d1, every 21 days) and ifosfamide (3 g/m<sup>2</sup> / day, d1-d3, and Mesna 3 g/m<sup>2</sup> / day, d1-d3, every 21 days)].

Age at diagnosis, tumour characteristics (size, mitotic count, necrosis rate, Ki 67 index), stage, adjuvant chemotherapy regimens with the number of cycles were recorded. Patients with surgically treated ULMS were divided into two groups according to their status of receiving ACTx. Group I was formed from patients who received ACTx, and group II consisted of patients treated with only surgery. Groups were compared for age, menopausal status (premenopausal or postmenopausal), stage (stage I or stage II-IVA), tumour characteristics (tumour size [mm], mitotic count [per 10 high-power fields (HPF)], necrosis ratio [%], Ki 67 proliferation index [%]). They were also compared in terms of recurrence rate, relapse-free survival (RFS), and OS. In addition, the patients were subgrouped according to menopausal status (premenopausal *versus* postmenopausal), stage (stage I *versus* stage II-IVA), tumour size (< median *versus* ≥ median), mitotic count (<20 *versus* ≥20, per 10 HPF), necrosis rate (<50% *versus* ≥50%) Ki 67 proliferation index (< median *versus* ≥ median). These subgroups were compared for RFS and OS.

Descriptive statistics were used to show the distribution of the main characteristics of the population. The groups' differences in categorical and ordinal parameters were evaluated by using Chi-square and Mann-Whitney *U*-tests, respectively. Relapse-free survival was defined as the time from radical surgical intervention to the date of relapse or death. Overall survival was defined as the time from diagnosis to death or last follow-up. Survival rates were estimated using the Kaplan-Meier method, and the groups were compared using the log-rank test for differences in survival. Statistical analysis was performed using SPSS software (SPSS for Windows, version 24.0, SPSS Inc., Chicago, USA). All statistical tests were two-sided, and a *p*-value (<0.05) was considered statistically significant.

This retrospective study was conducted after the local Ethics Committee's approval (No. 2021-01/942, Date: 13.01.2021).

## RESULTS

Forty-five patients with a median age of 52.1 years (IQR, 45.8-58.2) were included in the study. Median follow-up was

20.8 months (IQR, 9.1-42.1). Fourteen (31.1%) patients were premenopausal, while 31 (68.9%) were postmenopausal. Thirty-one (68.9%), 1 (2.2%), 8 (17.8%), and 5 (11.1%) patients had stage I, II, III and IVA disease, respectively. Considering tumour characteristics, median tumour size was 80 mm (IQR, 55.0-120.0), median mitotic count was 25 / per 10 HPF (IQR, 11.5-31.0), median necrosis rate was 27.5% (IQR, 10.0-52.5), median value of the Ki 67 index was 30.0% (IQR, 20.0-50.0). Group I consisted of 26 (57.8%) patients and group II consisted of 19 (42.2%) patients. Of the patients receiving ACTx, 20 (76.9%) patients had four cycles of gemcitabine/docetaxel [gemcitabine (1 g/m<sup>2</sup> / day, d1 and d8, every 21 days) and docetaxel (75 mg/m<sup>2</sup>, d1, every 21 days)], and 6 (23.1%) patients had four cycles of IMA regimen [doxorubicin (60 mg / m<sup>2</sup>, d1, every 21 days) and ifosfamide (3 g / m<sup>2</sup> / day, d1-d3, and Mesna 3 g/m<sup>2</sup> / day, d1-d3, every 21 days)]. Baseline patients' and tumour characteristics are displayed in Table I.

Relapse occurred in 27 (60%) patients. Of the patients with relapse, 5 (18.5%) had local recurrence, and 22 (81.5%) had recurrence with distant organ metastasis. Distant organ metastasis sites were lung, bone, peritoneum, liver, and lymph node for 20 (74.1%), 5 (18.5%), 4 (14.8%), 3 (11.1%), and 1 (3.7%) patients, respectively. Six (33.3%) of 18 patients without relapse and 13 (48.1%) of 27 patients with relapse had received ACTx (*p* = 0.324). When the effect of age, menopausal status, tumour characteristics (tumour size, mitotic count, necrosis ratio, Ki 67 proliferation index) on recurrence was evaluated, there was no statistically significant difference between those with and without recurrence for any of these factors (Table II).

Median RFS was 43.8 months (95% CI, 7.4-80.2) (Figure 1A) and the median OS was 81.3 months (95% CI, 39.4-123.1) (Figure 1C) for all patients (N = 45). There was no difference for RFS and OS between group I and group II (*p* = 0.985, *p* = 0.699). Median RFS was 27.1 months (95% CI, 6.8-47.4) in group I (n = 26) and 43.8 months (95% CI, 11.8-75.8) in group II (n = 19) (Figure 1B) (*p* = 0.985). Median OS was 85.6 months (95% CI, 38.3-132.9) in group I (n = 26) and 81.2 months (95% CI, 62.1-100.4) in group II (n = 19, Figure 1D, *p* = 0.699).

The survival analysis results performed by grouping the patients according to their menopausal status, stage at diagnosis and tumour characteristics (tumour size, mitotic count, necrosis ratio, Ki 67 proliferation index) are shown in Table III.

## DISCUSSION

In this study, ACTx affects relapse rate and survival in surgically resected ULMS were investigated. It was observed that ACTx had not provided any benefit for RFS or OS. A recent meta-analysis by Rizzo *et al.* including nine studies, in which 252 patients had ACTx and 293 patients had been followed up after surgery, and it was observed that the recurrence rate did not decrease with ACTx.<sup>9</sup> Similarly, in the retrospective study of Mancari *et al.*, which included 140 patients with operated ULMS, 5-year OS rates were reported as 68.7% and 65.6% for the patients who received ACTx and those who did not, respectively (*p* = 0.521).<sup>10</sup>

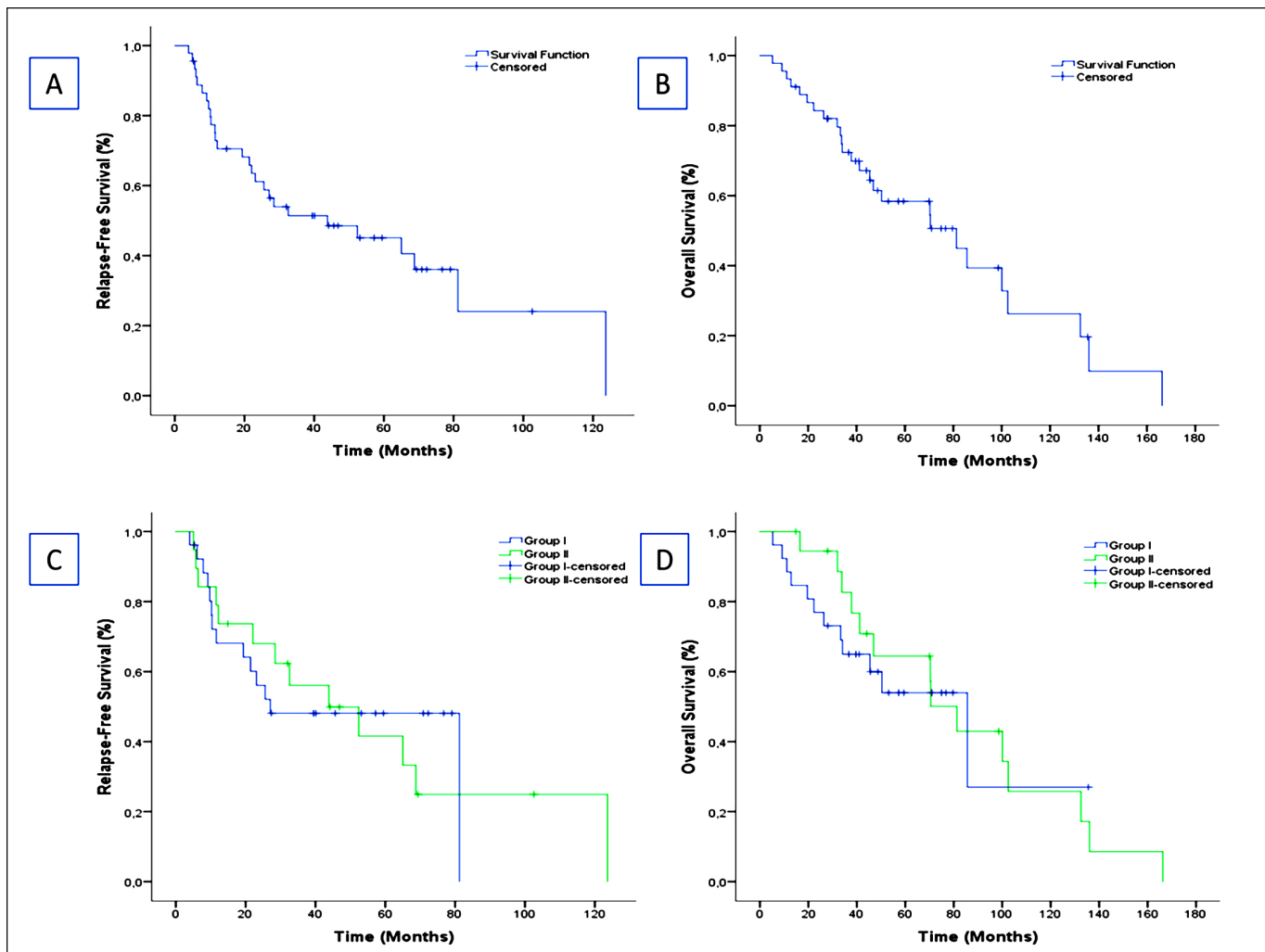


Figure 1: Kaplan-Meier survival curves: RFS (A) and OS (B) for all patients (N = 45); RFS (C) and OS (D) for group I (n = 26) and group II (n = 19).

Data is limited for the benefit of ACTx in ULMS.<sup>5,11-13</sup> However, these studies were generally designed to include all soft-tissue sarcomas, and ULMSs were included as a subgroup.

There are conflicting results regarding the benefit of ACTx for all soft-tissue sarcomas. Studies that failed to show the survival benefit of ACTx in soft-tissue sarcomas are mostly early monotherapy studies.<sup>13</sup> However, more recent, a prospective study in which patient recruitment was stopped early due to the early demonstration of a clear DFS benefit by the Italian study group showed a survival benefit with adjuvant doxorubicin (60 mg/m<sup>2</sup>)/ifosfamide (9 g/m<sup>2</sup>) combination in operated high-risk soft-tissue sarcomas.<sup>14</sup> Similarly a meta-analysis by Pervaiz *et al.* reported a significant decrease in mortality with ifosfamide/doxorubicin combination ACTx for soft-tissue sarcomas (HR = 0.56, 95% CI, 0.36-0.85;  $p = 0.01$ ).<sup>15</sup> Uterine leiomyosarcomas may have a different clinical course when compared to other soft-tissue sarcomas. Mancari *et al.* failed to show a survival benefit of ACTx, but the vast majority of the patients (54 of 64 patients) received ifosfamide/doxorubicin combination therapy as ACTx, and lack of survival benefit might have

been related to the ACTx regimen.<sup>10</sup> Gemcitabine/docetaxel combination regimen was associated with a 35.8% objective response rate and 26.2% stable disease rate, when it was given as first-line therapy in a phase II study involving 42 patients diagnosed with advanced ULMS.<sup>16</sup> A prospective study in which Hensley *et al.* included 25 patients diagnosed with completely resected stages I-IV high-grade ULMS, 2-year PFS rate with adjuvant gemcitabine/docetaxel treatment was superior to historical control rates.<sup>17</sup> A phase III trial of four cycles of gemcitabine/docetaxel combination chemotherapy followed by four cycles of doxorubicin versus observation in uterus confined high-grade LMS was prematurely closed due to slow accrual.<sup>18</sup> Hence, it failed to clear the survival benefit of ACTx in ULMS. In the literature, retrospective studies evaluating the effectiveness of the gemcitabine/docetaxel combination regimen in the adjuvant setting did not show that ACTx provides any RFS or OS benefit.<sup>8,10,19-21</sup> In this study, 76.9% of the patients in the ACTx group received a gemcitabine/docetaxel combination regimen, and the authors could not have observed any survival benefit. Unfortunately, this study is compatible with the literature data regarding the inefficacy of ACTx in ULMS.

**Table I: Baseline patients' and tumour characteristics.**

Characteristic	All patients (N = 45)	Group I (n = 26)	Group II (n = 19)	p-value
Age at diagnosis (Median, IQR)	52.1 (45.8-58.2)	50.1 (47.5-54.7)	53.3 (45.5-59.9)	0.462
Menopausal status, n (%)				0.213
Premenopausal	14 (31.1%)	10 (22.2%)	4 (8.9%)	
Postmenopausal	31 (68.9%)	16 (35.6%)	15 (33.3%)	
Stage at diagnosis, n (%)				<b>0.011</b>
Stage I	31 (68.9%)	14 (31.1%)	17 (37.8%)	
Stage II-IVA	14 (31.1%)	12 (26.7%)	2 (4.4%)	
Tumour size, mm (Median, IQR)	80.0 (55.0-120.0)	113.0 (60.0-132.5)	60.0 (50.0-87.5)	<b>0.008</b>
Mitotic count, (per 10 HPF) (Median, IQR)	25.0 (11.5-31.0)	30.0 (16.25-32.75)	15.0 (10.5-27.5)	0.103
Necrosis ratio, % (Median, IQR)	27.5 (10.0-52.5)	45.0 (10.0-60.0)	10.0 (3.75-50.0)	0.065
Ki 67 index, % (Median, IQR)	30.0 (20.0-50.0)	40.0 (22.5-55.0)	25.0 (20.0-47.5)	0.547

ACTx: Adjuvant chemotherapy; IQR: Interquartile of range; HPF: High-power fields.

**Table II: Comparative patient and tumour characteristics for relapsed and non-relapsed patients.**

Characteristic	Relapse		p-value
	No n = 18, (%40)	Yes n = 27 (%60)	
Age at diagnosis (Median, IQR)	53.4 (48.6-60.5)	51.5 (42.4-55.7)	0.172
Menopausal status, n (%)			0.293
Premenopausal	4 (%22.2)	10 (%37.0)	
Postmenopausal	14 (%77.8)	17 (%63.0)	
Stage at diagnosis			0.793
Stage I	12 (%66.7)	19 (%70.4)	
Stage II-IVA	6 (%33.3)	8 (%29.6)	
Tumour size, mm (Median, IQR)	90.0 (57.5-125.0)	75.0 (53.75-110.0)	0.681
Mitotic count (Median, IQR)	22.0 (11.0-30.0)	25.0 (14.25-34.25)	0.497
Necrosis ratio, % (Median, IQR)	20.0 (10.0-57.5)	32.5 (5.0-52.5)	0.794
Ki 67 index (Median, IQR)	25.0 (20.0-40.0)	40.0(20.0-52.5)	0.297

**Table III: Survival analysis for subgroups.**

Parameter	RFS Median (months) (95% CI, range)	p-value	OS Median (months) (95% CI, range)	p-value
All patients (N = 45)	43.8 (7.4-80.2)		81.3 (39.4-123.1)	
Menopausal status		0.826		0.382
Premenopausal (n = 14)	25.6 (6.7-44.5)		37.9 (9.8-66.0)	
Postmenopausal (n = 31)	52.4 (9.3-95.5)		81.2 (59.7-102.8)	
Stage at diagnosis		0.293		0.110
Stage I (n = 31)	52.4 (7.8-96.9)		81.2 (48.8-113.7)	
Stage II-IVA (n = 14)	19.4 (1.3-37.4)		85.6	
Tumour size		0.341		0.465
< Median (n = 19)	68.7 (29.7-107.8)		81.2 (47.5-115.0)	
≥ Median (n = 20)	43.8 (12.2-75.4)		70.4 (19.8-121.1)	
Mitotic count		0.425		0.922
<20 (n = 11)	68.7		100.1	
≥20 (n = 18)	81.2 (1.4-161.1)		102.6 (2.7-202.5)	
Necrosis ratio		0.344		0.935
<%50 (n = 15)	65.1 (28.1-102.0)		100.1 (35.7-164.5)	
≥%50 (n = 11)	23.1 (0.0-56.5)		50.3 (38.7-62.0)	
Ki 67 index		0.212		0.574
< Median (n = 12)	65.1 (43.0-87.1)		81.3 (64.8-97.7)	
≥ Median (n = 11)	10.3 (0.0-28.7)		132.5 (4.5-260.5)	
Adjuvant chemotherapy		0.985		0.699
Group I (n = 26)	27.1 (6.8-47.4)		85.6 (38.3-132.9)	
Group II (n = 19)	43.8 (11.8-75.8)		81.2 (62.1-100.4)	

RFS: Relapse free survival; OS: Overall survival; CI: Confidence interval.

Since this study is a retrospective study, there might have been a patient selection bias. When the group I and group II were compared, patients in group I were more likely to have an advanced stage (*i.e.*, stage II-IVA), and median tumour size was larger than in group II. Although not statistically significant, the mitotic count, necrosis ratio, and Ki 67 proliferative index ratio for the group I patients were also numerically higher than those in group II. From this point of view, the ACTx group patients seem to have a higher risk of

relapse. On the other hand, the patients who have less risk for relapse might have had a better clinical course even if they had not received ACTx, which might have contributed to the inefficacy of ACTx in these patients. However, when the authors compared the groups in terms of age, menopausal status, stage and tumour characteristics (tumour size, mitotic count, necrosis ratio, and Ki 67 proliferative index), there was no difference for relapse between these two groups. Similarly, there was no significant difference in RFS or OS. It is



known that tumour stage, tumour size, mitotic count, and percentage of necrosis have prognostic significance in ULMS.<sup>4</sup> Although Kim *et al.* could not show any benefit of ACTx in ULMS, they found that low mitotic count was associated with a better progression-free interval in early-stage disease.<sup>19</sup> Mitotic index, age, and tumour size appear as significant parameters in a prognostic nomogram developed for ULMS by Memorial Sloan-Kettering Cancer Center.<sup>22,23</sup> There is a need for well-designed prospective randomised trials evaluating the effectiveness of ACTx in ULMS, in which patients are well balanced in terms of stage, age, menopausal status and tumour characteristics. MSKCC's nomogram can also be used as a tool for patient selection for these studies.

Determination of molecular pathophysiological mechanisms in ULMS might contribute to the development of novel agents such as targeted therapies. There is a wide gap in the literature data in this area as well.

## CONCLUSION

Uterine leiomyosarcomas have a relatively poor prognosis even, if completely resected early-stage tumours confined to the uterus. There is no well documented current adjuvant treatment modality with absolute survival benefit in surgically resected ULMS. The present study showed no survival benefit of ACTx in completely resected ULMSs. In conclusion, the authors need prospective randomised clinical trials evaluating the role of ACTx in ULMSs.

## ETHICAL APPROVAL:

The medical records of these patients were reviewed retrospectively after obtaining the approval of the local Ethics Committee (UHS Dr. Abdurrahman Yurtaslan Ankara Oncology Training and Research Hospital Ethics Committee, No. 2021-01/942, Date: 13.01.2021).

## PATIENTS' CONSENT:

All patients or their legal representatives signed an informed consent document.

## CONFLICT OF INTEREST:

The authors declared no conflict of interest.

## AUTHORS' CONTRIBUTION:

EE: Conception and design, analyses and interpretation of data, drafting of manuscript.

FY: Conception and design, analyses and interpretation of data.

AI: Acquisition of data.

MD: Conception and design, reviewing the paper and final approval.

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